

**Spring 2026
S.O.A.L. Highlights**

Class Dates:

3/20, 3/27, 4/10, 4/17, and 4/24

NO SOAL on 4/3 (Good Friday)

Class 1: 9:00 - 10:00 AM

Class 2: 10:15 - 11:15 AM

Class 3: 12:30 - 1:30 PM

Tuition: \$30*

Covers the full five-week session, including up to three classes and lunch each week

****Some classes have additional fees for materials. See class descriptions.***

***Don't let cost keep you from attending!
Contact Sue at 262-251-0897 if you need tuition assistance or a scholarship.***

**Registration Opens at
SOAL Kickoff Event:**

**Friday, March 6th
8:30-10:30AM**

St. James Community Center

Staff will be present to answer questions and accept your registration forms. Come kick off another wonderful session of SOAL with coffee, donuts, and time to socialize! Invite a friend!

Following the SOAL Kickoff, registration forms may be dropped off in person at the Christian Formation Office Monday-Friday 8:00AM – 4:00PM, or mailed to:

***St. James Catholic Church
W220N6588 Town Line Road
Menomonee Falls, WI 53051
Attn: SOAL***

Registration closes March 16th.



Saint James Parish

**St. James Older Adult
Learning Program**

The St. James Older Adult Learning program, also known as S.O.A.L., provides adults (ages 55 and older) a great opportunity to socialize and learn new skills. Participants enjoy 3 one-hour classes each Friday on topics such as spirituality, arts and crafts, health, contemporary issues and travel. This program is offered twice a year to the community, and all are welcome to attend. Volunteer instructors set the tone for fun and interesting classes. Invite a friend and come join us for this fun program!

For more information about S.O.A.L., please contact:

Sue Devine Simon

SOAL Coordinator

sdevine-simon@stjames-parish.com
262-253-2904

Kristen Winter

SOAL Assistant

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Our building is wheelchair-accessible, including an elevator.

St. James SOAL Program - Spring 2026 Class Options

Class 1: 9:00-10:00AM

A.- “May they all be one....” - Gerry Wolf

Have you ever wondered why there are so many different denominations of Christians? Learn about the historical divisions in the church and what is happening with the Ecumenical movement in the last century.

B. Understanding the Inventions that Changed the World – Joe Cappozzo, Michelle Beimborn

We're surrounded by inventions in our everyday life. Where did all these inventions come from? How do they work? And how do they reflect—even define—the values of our culture? This class will take you around the world and across the ages to show you some of the most innovative moments in human civilization through this series of video lectures, class discussion & activities.

C. Craft Sampler

Come learn a variety of crafting techniques and create an assortment of beautiful handmade seasonal “make and take” crafts! **Class Limit: 14, Supply Fee: \$10**

D. Our Local History 101 - Carole McGibany, Tom Zimmer, Jill Schmidt

With the help of Powerpoint presentations, local historians Carole McGibany, Tom Zimmer and Jill Schmidt will share stories about the olden days of Menomonee Falls and Fussville, Wisconsin.

E. Woodcarving- Neal Nushart, Darryl Gruender

You will learn to carve and paint a male Cardinal. A carving glove is recommended. Students will only require basic carving tools to complete this project. **Class limit: 15, Supply Fee: \$15, *Note: Woodcarving is a 2-hour class. Please do not register for a 10:15AM class if you register for this class.***

F. Mexican Train Dominoes - Sue Brahm

Be the first to play all of your dominoes in this fun game. Minor math skills helpful. Open to beginners. **Class Limit: 24**

G. Mary in Her Own Words - Matt Rech

The words of our Blessed Mother may seem simple but they are rich with meaning and beauty. Come hear each of Mary's words explained and learn how her wisdom can guide you in deepening your faith.

St. James SOAL Program - Spring 2026 Class Options

Class 2: 10:15-11:15AM

H. Quilting Class—Ann Wegner

All beginners and experienced quilters welcome. Learn how to create a French braid table runner, wall hanging or whatever your brain wants to create. Do not bring machines to class.

I. The Chosen

Have you ever wished you could see the life of Jesus through the eyes of the people that walked on earth with him – the disciples, his mother, the Pharisees, the children, those he healed? If so, join us in watching and discussing the beginning episodes of *The Chosen*. This popular TV series truly brings Scripture to life by offering a “behind-the-scenes” look at the daily lives, struggles, relationships, and events of the New Testament.

J. Exercise

Let’s move right into spring with a little exercise! Come participate in a chair yoga video series that offers gentle stretching and strengthening for all fitness levels. If the weather allows, we will try to head outdoors for some short walks around the parish grounds.

K. Card Making - Sandy Saringer

We will be making one or two cards each class. Come have fun enjoying some new card designs with us! You will need manual dexterity and good eyesight to make these cards. **Class Limit: 10, Supply Fee: \$15.00**

L. Rummikub - Sandy Klein

Come learn Rummikub, a number tile game that is packed with strategy, a bit of luck, and lots of fun! This easy to learn game will be enjoyed by all.

M. Travelogue

Through our guest speakers’ stories and pictures, you will adventure to places like North Dakota, Egypt, Australia, and more!

N. Sheepshead called Ace – Judy Clark, Neome Schaumberg, Dick Clark

Join at your level of play...need to learn the basics, or play for more experience, or spend time with established players. Gain momentum while enjoying the game. Invite your buddies and have your own table.

St. James SOAL Program - Spring 2026 Class Options

Class 3: 12:30-1:30PM

O. Seasonal/Holiday Crafts- Karen Raschke, Sue Wirth, and Sandy Saringer

Join this happy trio as we bring Spring and Summer inside. All supplies and tools provided.. **Class Limits: Minimum 4/Maximum 12, Supply Fee: None**

P. Dashed Hopes- John and Louise Vos

We are planners, we make lists, we make dates for now, or maybe weeks or months from now. But what happens when our best laid plans are shattered? Where do we find hope? Through scripture, prayer, and sharing, we will explore the possibility of deepening our comfort and hope. We will consider how God is part of our plan and how He will support us through trying times.

Q. Sheepshead called Ace – Dick Clark, Neome Schaumberg

This session is designated for players who are familiar with the game of Sheepshead. Players who haven't played for a while and need to renew their skills are encouraged to join.

R. Line Dancing -Sandy Klein, Judy Clark, Sue Brahm, Linda Kasun, & Jenny Cira

Please join us for a fun-filled, healthy way to exercise. Each class starts with a chair warm-up exercise/dance including all participants. Breaking into two groups, line dancers and seated dancers, we'll learn a new line dance and an adapted version for the seated dancers.

S. Spring Fun with Food - Kristin Kebis, Pam Dennis, Stacey Irvine

If you love being creative with food and trying new recipes, this class is for you! Join the fun as we create a variety of spring themed dishes and food crafts.

Class Limit: 14, Supply Fee: \$15

T. Samba - Leni Schleiss

The card game Samba is closely related to Canasta, but introduces a couple of variations that for some, make the game more enjoyable. Have a great time and meet new friends. Hand and Foot or Canasta experience helpful but not necessary.

U. Essential Oils - Sue Ritter

Join a hands-on class to learn what essential oils are and how to use essential oils safely, effectively, and creatively. Each week you will make a DIY make & take project, ranging from an all-purpose cleaner or energizing room spray, to an all-natural bug spray, a foaming hand soap, and more. All supplies will be provided. **Class Limit: 12, Supply Fee: \$20**

S.O.A.L. Spring 2026 REGISTRATION FORM
(Please return by March 16, 2026)

NAME _____ PHONE # (_____) _____

E-MAIL _____

ADDRESS _____

CITY & ZIP CODE _____

EMERGENCY CONTACT NAME _____

EMERGENCY CONTACT PHONE _____

CLASS CHOICES

Please choose a preferred class and an alternate class choice for each time slot. We will notify you if your preferred class is full.

Class #1 -9:00-10:00AM

Preferred Class Choice (circle ONE):

- | | | |
|------------------------|-----------------------------|---------------------------|
| A. May They All Be One | C. Craft Sampler (\$10 Fee) | E. Woodcarving (\$15 Fee) |
| B. Inventions | D. Local History 101 | F. Dominoes |
| | | G. Mary |

Alternate class (if preferred class is full) - please list one from class #1 choices above:

Class #2 -10:15AM-11:15AM

Preferred Class Choice (circle ONE):

- | | | |
|---------------|-----------------------------|---------------|
| H. Quilting | J. Exercise | L. Rummikub |
| I. The Chosen | K. Cardmaking
(\$15 Fee) | M. Travelogue |
| | | N. Sheepshead |

Alternate class (if preferred class is full) - please list one from class #2 choices above:

Please complete both sides of this form.

SOAL Spring 2026 REGISTRATION FORM

Class #3 -12:30-1:30 PM

Preferred Class Choice (circle ONE):

O. Seasonal Crafts

Q. Sheepshead

T. Samba

P. Dashed Hopes

R. Line Dancing

U. Essential Oils

S. Fun with Food
(\$15 Fee)

(\$20 Fee)

Alternate class (if preferred class is full) - please list one from class #3 choices above:

We will be creating a SOAL directory that will include names, emails, phone numbers, and addresses. Please check below if you want to OPT OUT of the directory.

Lunch

Will you attend lunch? (please circle ONE):

YES

NO

Do you have an dietary restrictions? (please circle ONE):

YES

NO

If yes, please explain dietary restrictions:

Volunteer Opportunities

I am willing to help set tables for lunch from 8:15-8:45AM on these dates (please check all dates you wish to be scheduled):

3/20

3/27

4/10

4/17

4/24

I am willing to clean up after lunch from 12:10-12:30PM on these dates (please check all dates you wish to be scheduled):

3/20

3/27

4/10

4/17

4/24

I am willing to bring a dessert to lunch on these dates (please check all dates you wish to be scheduled):

3/20

3/27

4/10

4/17

4/24

Check this box if you need assistance with SOAL tuition and would like the St. James staff to reach out to you about a scholarship.

Please complete both sides of this form.