

**Fall 2025
S.O.A.L. Highlights**

Class Dates:

10/24, 10/31, 11/7, 11/14, and 11/21

Class 1: 9:00 - 10:00 AM

Class 2: 10:15 - 11:15 AM

Class 3: 12:30 - 1:30 PM

Tuition: \$30*

Covers the full five-week session, including up to three classes and lunch each week

**Some classes have additional fees for materials. See class descriptions.*

*Don't let cost keep you from attending!
Contact Sue at 262-251-0897 if you need tuition assistance or a scholarship.*

Registration Opens at

SOAL Kickoff Event:

Friday, October 3rd

8:30-10:30 AM

St. James Community Center

Staff will be present to answer questions and accept your registration forms. Come kick off another wonderful session of SOAL with coffee, donuts, and time to socialize! Invite a friend!

Following the SOAL Kickoff, registration forms may be dropped off in person at the Christian Formation Office Monday-Friday 8:00AM – 4:00PM, or mailed to:

***St. James Catholic Church
W220N6588 Town Line Road
Menomonee Falls, WI 53051***

Attn: SOAL

Registration closes October 20th



Saint James Parish

**St. James Older Adult
Learning Program**

The St. James Older Adult Learning program, also known as S.O.A.L., provides adults (ages 55 and older) a great opportunity to socialize and learn new skills. Participants enjoy 3 one-hour classes each Friday on topics such as spirituality, arts and crafts, health, contemporary issues and travel. This program is offered twice a year to the community, and all are welcome to attend. Volunteer instructors set the tone for fun and interesting classes. Invite a friend and come join us for this fun program!

For more information about S.O.A.L., please contact:

Sue Devine Simon

SOAL Coordinator

sdevine-simon@stjames-parish.com

262-253-2904

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SOAL Assistant

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262-250-2663



Our building is wheelchair-accessible, including an elevator.

St. James SOAL Program - Fall 2025 Class Options

Class 1: 9:00-10:00AM

A. Thy Kingdom Come...His Kingdom will have no end! - Gerry Wolf

We will explore the Scriptures and Church documents to learn more precisely what Jesus means when He speaks so often of the Kingdom of God.

B. Understanding the Inventions that Changed the World – Joe Cappozzo, Michelle Beimborn

We're surrounded by inventions in our everyday life. Where did all these inventions come from? How do they work? And how do they reflect—even define—the values of our culture? This class will take you around the world and across the ages to show you some of the most innovative moments in human civilization through this series of video lectures, class discussion & activities.

C. Clay Pot Pilgrim Couple - Harriet Belke, Kathy Bitante

A perfect project to add an historic touch to holiday dining or Fall home decor. YOU need to bring two 4” tall clay pots from craft or garden centers. Size uniformity is important. All other supplies provided free of cost. **Class limit: 6**

D. Games, Art, and Good Company!

Are you looking for a fun and relaxed way to start your day and meet new people? Then this class is for you! Enjoy a social hour where you can choose from Wii Bowling, board games, puzzles, and coloring.

E. Woodcarving- Neal Nushart , Darryl Gruender

You will learn to carve a stylized old world Santa ornament. A carving glove is recommended. Students will only require basic carving tools to complete this project. **Class limit: 15, Supply Fee: \$15, Note: Woodcarving is a 2-hour class. Please do not register for a 10:15AM class if you register for this class.**

F. Mexican Train Dominoes - Bonnie LaChapelle

Be the first to play all of your dominoes in this fun game. Minor math skills helpful. Open to beginners.

G. Craft Sampler

Come learn a variety of crafting techniques and create an assortment of beautiful handmade seasonal “make and take” crafts! **Class Limit: 14, Supply Fee: \$10**

St. James SOAL Program - Fall 2025 Class Options

Class 2: 10:15-11:15AM

H. Quilting Class—Ann Wegner

All beginners and experienced quilters welcome. Learn how to make disappearing nine squares. Then, turn these blocks into a table runner, wall hanging or other choices. Do not bring machines to class.

I. Reflecting on Holy Women, Men, and More -Cathy Ferderbar

Each week we will explore the relationship these folks had with Christ, their unique ways of relating, praying, and how they can enrich our relationship with Jesus and with each other.

J. Card Game- 500 - Bonnie LaChapelle

Come and learn the game of "500." It is a card game using Trump and Bowers. Played with partners.

K. Fun Fold Cards - Sandy Saringer, June Rebarchik

You will make 2 fun fold cards *or* a gift card holder each class. Christmas and Birthday cards will be on the list. You need to have manual dexterity and good eyesight to make these cards. Come ready to make some special cards for Christmas! **Class Limit: 12, Supply Fee: \$15**

L. Rummikub - Sandy Klein, Debbie Knaack

Come learn Rummikub, a number tile game that is packed with strategy, a bit of luck, and lots of fun! This easy to learn game will be enjoyed by all.

M. Travelogue

Through our guest speakers' stories and pictures, you will adventure to places like Ghana, Croatia, England, Switzerland, Belgium, Norway, and Egypt!

N. Sheepshead called Ace – Judy Clark, Neome Schaumberg, Dick Clark

Join at your level of play...need to learn the basics, or play for more experience, or spend time with established players. Gain momentum while enjoying the game. Invite your buddies and have your own table.

O. Games, Art, and Good Company!

Looking to relax and meet new friends? Then come enjoy this social hour where you can choose from Wii Bowling, board games, puzzles, and coloring.

St. James SOAL Program - Fall 2025 Class Options

Class 3: 12:30-1:30PM

P. Seasonal/Holiday Crafts- Debbie Arnold, Karen Raschke

Fun projects for Fall and Winter. All supplies and tools provided.

Class Limits: Minimum 4/Maximum 15, Supply Fee: None

Q. New Beginnings: Finding God in the Unknown- John Vos, Louise Vos

We will be exploring scripture to find a fresh message through life-changing challenges and providing an opportunity to prayerfully consider sharing our own personal experiences. Whether these changes are due to our own decisions, life problems, or aging, we will explore how God continues to work through these times.

R. Sheepshead called Ace – Dick Clark

This session is designated for players who are familiar with the game of Sheepshead. Players who haven't played for a while and need to renew their skills are encouraged to join.

S. Line Dancing - Neome Schaumberg, Judy Clark, Linda Kasun, Sandy Klein, Denise Gabler (Video Technician)

Toe Tapping Fun! Follow the lead of fun-loving instructors doing easy to follow dances. Low impact exercise sure to make happy feet. Men and women join at your own level whether standing or sitting through the routines. Repetitive moves you'll want to do at home.

T. Let's All Go to the Movies!

Come relax and enjoy watching movies together. We will have a variety of holiday movies for the class to choose from!

U. Fall Fun with Food - Kristin Kebis, Pam Dennis, Various Instructors

If you love being creative with food and trying new recipes, this class is for you! Join the fun as we create a variety of seasonal dishes and food crafts. **Class Limit: 14, Supply Fee: \$15**

V. Crochet & Knitting Club- Harriet Belke, Marge Giese

Inviting all levels of yarn crafters to join us to learn or enhance skills. This is a low-key, mostly social, welcoming gathering.

W. Samba - Bonnie LaChapelle

The card game Samba is closely related to Canasta, but introduces a couple of variations that for some, make the game more enjoyable. Have a great time and meet new friends. Hand and Foot or Canasta experience helpful but not necessary.

X. Essential Oils - Sue Ritter

Deepen your understanding of how natural plant extracts can support physical, emotional, and mental well-being. Learn how to safely and effectively use essential oils for everyday needs such as a holistic approach to health and self care, personal pampering, and natural cleaning. Participants will make and take home items each week, such as a vanilla sugar hand scrub, an all-purpose cleaner, and more! **Class Limit: 12, Supply Fee: \$20**

Y. Vinyl For Beginners - Sandy Saringer

We will learn what kinds of vinyl there are and how to use them. We will put vinyl on different surfaces and by the last class, you should be able to weed the vinyl yourself.

Class Limit: 6, Supply Fee: \$15

S.O.A.L. Fall 2025 REGISTRATION FORM
(Please return by October 20, 2025)

NAME _____ **PHONE # (_____)** _____

E-MAIL _____

ADDRESS _____

CITY & ZIP CODE _____

EMERGENCY CONTACT NAME _____

EMERGENCY CONTACT PHONE _____

CLASS CHOICES

Please choose a preferred class and an alternate class choice for each time slot. We will notify you if your preferred class is full.

Class #1 -9:00-10:00AM

Preferred Class Choice (circle ONE):

- | | | | |
|------------------------|---------------------------------|---|--------------------------------|
| A. Thy Kingdom
Come | C. Clay Pot
Pilgrim Couple | E. Woodcarving
(9-11:15AM, \$15 Fee) | G. Craft Sampler
(\$10 fee) |
| B. Inventions | D. Games, Art &
Good Company | F. Mexican Train
Dominoes | |

Alternate class (if preferred class is full) - please list one from class #1 choices above:

Class #2 -10:15AM-11:15AM

Preferred Class Choice (circle ONE):

- | | | | |
|--------------------------------------|---------------------------------|---------------|---------------------------------|
| H. Quilting | J. Card Game 500 | L. Rummikub | N. Sheepshead
called Ace |
| I. Reflecting on Holy
Women & Men | K. Fun Fold Cards
(\$15 Fee) | M. Travelogue | O. Games, Art &
Good Company |

Alternate class (if preferred class is full) - please list one from class #2 choices above:

Please complete both sides of this form.

SOAL Fall 2025 REGISTRATION FORM

Class #3 -12:30-1:30 PM

Preferred Class Choice (circle ONE):

- | | | | |
|----------------------------|---------------------------|----------------------------------|-----------------------------------|
| P. Seasonal/Holiday Crafts | S. Line Dancing | U. Fall Fun with Food (\$15 Fee) | W. Samba |
| Q. New Beginnings | T. Let's Go to the Movies | V. Crochet and Knitting Club | X. Essential Oils (\$20 Fee) |
| R. Sheepshead called Ace | | | Y. Vinyl for Beginners (\$15 Fee) |

Alternate class (if preferred class is full) - please list one from class #3 choices above:

We will be creating a SOAL directory for participants. Do you want us to include your name, email, phone, and address in the directory?

YES NO

Lunch

Will you attend lunch? (please circle ONE):

YES NO

Do you have an dietary restrictions? (please circle ONE):

YES NO

If yes, please explain dietary restrictions:

Volunteer Opportunities

I am willing to help **set tables for lunch from 8:15-8:45AM** on these dates (please check all dates you wish to be scheduled):

- 10/24
- 10/31
- 11/7
- 11/14
- 11/21

I am willing to **clean up after lunch from 12:10-12:30PM** on these dates (please check all dates you wish to be scheduled):

- 10/24
- 10/31
- 11/7
- 11/14
- 11/21

I am willing to **bring a dessert** to lunch on these dates (please check all dates you wish to be scheduled):

- 10/24
- 10/31
- 11/7
- 11/14
- 11/21

Check this box if you need assistance with SOAL tuition and would like the St. James staff to reach out to you about a scholarship.

Please complete both sides of this form.