

**Spring 2025  
S.O.A.L. Highlights**

**Class Dates:**

**3/28, 4/4, 4/11, 4/25, and 5/2**

***NO SOAL on 4/18 (Good Friday)***

**Class 1: 9:00 - 10:00 AM**

**Class 2: 10:15 - 11:15 AM**

**Class 3: 12:30 - 1:30 PM**

**Tuition: \$30\***

**Covers the full five-week session, including up to three classes and lunch each week**

***\*Some classes have additional fees for materials. See class descriptions.***

***Don't let cost keep you from attending!  
Contact Sue at 262-251-0897 if you need tuition assistance or a scholarship.***

**Registration Opens at**

**SOAL Kickoff Event:**

**Friday, March 7th**

**9:00-11:00AM**

**St. James Community Center**

***Staff will be present to answer questions and accept your registration forms. Come kick off another wonderful session of SOAL with coffee, donuts, and time to socialize! Invite a friend!***

**Following the SOAL Kickoff, registration forms may be dropped off in person at the Christian Formation Office Monday-Friday 8:00AM – 4:00PM, or mailed to:**

***St. James Catholic Church  
W220N6588 Town Line Road  
Menomonee Falls, WI 53051  
Attn: SOAL***

**Registration closes March 21st.**



Saint James Parish

**St. James Older Adult  
Learning Program**

The St. James Older Adult Learning program, also known as S.O.A.L., provides adults (ages 55 and older) a great opportunity to socialize and learn new skills. Participants enjoy 3 one-hour classes each Friday on topics such as spirituality, arts and crafts, health, contemporary issues and travel. This program is offered twice a year to the community, and all are welcome to attend. Volunteer instructors set the tone for fun and interesting classes. Invite a friend and come join us for this fun program!

For more information about S.O.A.L., please contact:

**Sue Devine Simon**

SOAL Coordinator

sdevine-simon@stjames-parish.com

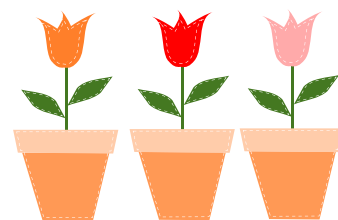
262-253-2904

**Kristen Winter**

SOAL Assistant

kwinter@stjames-parish.com

262-250-2663



*Our building is wheelchair-accessible, including an elevator.*

# St. James SOAL Program - Spring 2025 Class Options

## Class 1: 9:00-10:00AM

### A. Come Forth- Gerry Wolf

Reflections on Jesus raising Lazarus from the dead and its meaning for our lives and our relationships with Jesus.

### B. Prayer of the Ancients and The Present - Matt Rech

Prayer is a significant and ancient aspect of human life, deeply embedded in the religious practices and prayers throughout history and today. Let's explore prayer. Is it the GOD gene?

### C. Understanding the Inventions that Changed the World – Joe Cappozzo

We're surrounded by inventions in our everyday life. Where did all these inventions come from? How do they work? And how do they reflect—even define—the values of our culture? This class will take you around the world and across the ages to show you some of the most innovative moments in human civilization through this series of video lectures, class discussion & activities.

### D. Senior Issues

Come hear from some local experts about topics like dementia, downsizing, hearing loss/hearing aids, technology safety, and medication safety/pharmacy. **Class Minimum: 12**

### E. Woodcarving- Neal Nushart , Darryl Gruender

You will learn to carve a leprechaun. A carving glove is recommended. Students will only require basic carving tools to complete this project. We will work on the leprechaun the first four weeks of SOAL, and the final class (5/2) will be free time to work on a project of your choice. **Class limit: 15, Supply Fee: \$15, Note: Woodcarving is a 2-hour class. Please do not register for a 10:15AM class if you register for this class.**

### F. Mexican Train Dominoes - Sandy Turowski, Bonnie LaChapelle

Be the first to play all of your dominoes in this fun game. Minor math skills helpful. Open to beginners.

### G. Craft Sampler

Come learn a variety of craft techniques and create an assortment of beautiful handmade items. **Class Limit: 14, Supply Fee: \$10**

**THIS CLASS  
IS FULL**

## St. James SOAL Program - Spring 2025 Class Options

### Class 2: 10:15-11:15AM

#### H. Quilting Class—Ann Wegner

All beginners and experienced quilters welcome. Learn how to make a bear paw block using half square triangles. Then turn these blocks into a table runner. Do not bring machines to class.

#### I. Franciscan Spirituality - Jo Ann Boss

We will hear St. Francis of Assisi's stories of embracing perfect joy, holy poverty, penitential living, contemplative prayer and the Christmas present of Jesus Christ. We will travel with the Christ story in us as we, too, strive for holiness. **Class Minimum: 4**

#### J. Card Game- 500 - Bonnie LaChapelle, Sandy Turowski

Come and learn the game of "500." It is a card game using Trump and Bowers. Played with partners.

#### K. Card Making - Sandy Saringer, June Rebarchik

You are sure to enjoy this Cardmaking class for spring and summer. Each class, so be ready to have a good time. Please bring your own stamps. Stamping Up Class! **Class Limit: 12, Supply Fee: \$15**

**THIS CLASS  
IS FULL**

#### L. Rummikub - Sandy Klein

Come learn Rummikub, a number tile game that is packed with strategy, a bit of luck, and lots of fun! This easy to learn game will be enjoyed by all.

#### M. Travelogue

Through our guest speakers' stories and pictures, you will adventure to places like Spain, France, Belgium, Nashville, Missouri, Arkansas, and more!

#### N. Sheepshead called Ace – Judy Clark, Neome Schaumberg, Dick Clark

Join at your level of play...need to learn the basics, or play for more experience, or spend time with established players. Gain momentum while enjoying the game. Invite your buddies and have your own table.

## St. James SOAL Program - Spring 2025 Class Options

### Class 3: 12:30-1:30PM

#### O. Seasonal/Holiday Crafts- Karen Raschke, Sue Wirth

Spring into Summer with new ideas and projects. All supplies and tools provided. **Class Limits: Minimum 4/Maximum 12, Supply Fee: \$15**

#### P. Finding Peace: Letting God of Stress & Worry- John and Louise Vos

Using the wisdom of scripture and prayer we will explore this topic through the word of God. Come and relax!

#### Q. Sheepshead called Ace – Judy Clark, Neome Schaumberg, Dick Clark

All are welcome. (See description under 10:15AM Sheepshead.) Enjoy the benefits of this game: fun, friendships, mental exercise; furthering your playing experience. A wonderful personal investment!

#### R. Games Galore - Sean Hutchinson

Enjoy a fun-filled hour of games! Choose from a variety of self-led board games or give virtual Wii bowling a try.

#### S. Let's All Go to the Movies!

Come relax and enjoy watching movies together. We will have a variety of movies for the class to choose from!

#### T. Spring Fun with Food - Kristin Kebis, Pam Dennis

If you love being creative with food and trying new recipes, join the fun as we create a variety of spring themed recipes.

**Class Limit: 14, Supply Fee: \$15**

**THIS CLASS  
IS FULL**

#### U. Crochet & Knitting Club- Harriet Belke, Marge Giese

Grannies, let's get squaring because it's IN again. And learning, improving are always IN with our friendly group. We invite you to join us and get busy creating.

#### V. Samba - Sandy Turowski, Bonnie LaChapelle

The card game Samba is closely related to Canasta, but introduces a couple of variations that for some, make the game more enjoyable. Have a great time and meet new friends. Hand and Foot or Canasta experience helpful but not necessary.

# S.O.A.L. Spring 2025 REGISTRATION FORM

(Please return by March 21, 2025)

NAME \_\_\_\_\_ PHONE # ( \_\_\_\_\_ ) \_\_\_\_\_

E-MAIL \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY & ZIP CODE \_\_\_\_\_

EMERGENCY CONTACT NAME \_\_\_\_\_

EMERGENCY CONTACT PHONE \_\_\_\_\_

## CLASS CHOICES

Please choose a preferred class and an alternate class choice for each time slot. We will notify you if your preferred class is full.

### Class #1 -9:00-10:00AM

#### Preferred Class Choice (circle ONE):

- |                                 |                                      |                                      |                                       |
|---------------------------------|--------------------------------------|--------------------------------------|---------------------------------------|
| A. Come Forth                   | C. Inventions that Changed the World | E. Woodcarving (9-11:15AM, \$15 Fee) | G. Crafts Sampler (\$10 Fee) <b>X</b> |
| B. Prayer of Ancients & Present | D. Senior Issues                     | F. Mexican Train Dominoes            |                                       |

Alternate class (if preferred class is full) - please list one from class #1 choices above:

\_\_\_\_\_

### Class #2 -10:15AM-11:15AM

#### Preferred Class Choice (circle ONE):

- |                            |                                     |               |                          |
|----------------------------|-------------------------------------|---------------|--------------------------|
| H. Quilting                | J. Card Game 500                    | L. Rummikub   | N. Sheepshead called Ace |
| I. Franciscan Spirituality | K. Cross Making (\$15 Fee) <b>X</b> | M. Travelogue |                          |

Alternate class (if preferred class is full) - please list one from class #2 choices above:

\_\_\_\_\_

*Please complete both sides of this form.*

# SOAL Spring 2025 REGISTRATION FORM

## Class #3 -12:30-1:30 PM

### Preferred Class Choice (circle ONE):

- |                                       |                          |                                         |                          |
|---------------------------------------|--------------------------|-----------------------------------------|--------------------------|
| O. Seasonal/Holiday Crafts (\$15 Fee) | Q. Sheepshead called Ace | S. Let's Go to the Movies               | U. Knit and Crochet Club |
| P. Finding Peace                      | R. Games                 | T. Spring Luncheon with Food (\$15 Fee) | V. Samba                 |

Alternate class (if preferred class is full) - please list one from class #3 choices above:

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## Lunch

Will you attend lunch? (please circle ONE):

YES      NO

Do you have any dietary restrictions? (please circle ONE):

YES      NO

If yes, please explain dietary restrictions:

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## Volunteer Opportunities

I am willing to help **set tables for lunch from 8:15-8:45AM** on these dates (please check all dates you wish to be scheduled):

- 3/28
- 4/4
- 4/11
- 4/25
- 5/2

I am willing to **clean up after lunch from 12:10-12:30PM** on these dates (please check all dates you wish to be scheduled):

- 3/28
- 4/4
- 4/11
- 4/25
- 5/2

I am willing to **bring a dessert** to lunch on these dates (please check all dates you wish to be scheduled):

- 3/28
- 4/4
- 4/11
- 4/25
- 5/2

Check this box if you need assistance with SOAL tuition and would like the St. James staff to reach out to you about a scholarship.

*Please complete both sides of this form.*