

Fall 2022

Class Dates: Oct. 14, 21, 28 Nov. 4, 11

Potluck will be on Nov. 11

Session 1	Session 2	Session 3
9:00 -10:00 am	10:15 -11:15 am	12:30 - 1:30 pm

The tuition for SOAL is \$30.00, which is a one-time registration fee that covers up to 3 classes and lunch. This fee covers operating costs. Some classes are listed with an additional fee to cover the cost of specific materials. Lunch is included on each day of SOAL, and you are also welcome to bring a dessert.

The registration form for classes is included in this brochure. You may drop off the registration form in person at the Christian Formation Office Monday-Friday 8:00 am - 2:00 pm, or mail it to:

St. James Catholic Church
W220N6588 Town Line Road
Menomonee Falls, WI 53051
Attn: SOAL

Our building is wheelchair-accessible, including an elevator. Please call 262-251-0897 if you have questions about the SOAL program.

SOAL Fall 2022 REGISTRATION FORM

(Please return by Friday October 7, 2022)

NAME _____ PHONE # (_____) _____

E-MAIL _____

ADDRESS _____

CITY & ZIP CODE _____

EMERGENCY CONTACT NAME _____

EMERGENCY CONTACT PHONE _____

Please choose two class choices for each session time that you wish to attend. Second choices are in the event your first choice is full or may need to be cancelled. You will be notified if you do not get your first choice.

Session 1	Session 2	Session 3
9:00 am - 10:00 am	10:15 am - 11:15 am	12:30 pm - 1:30 pm
1st Choice _____	2nd Choice _____	1st Choice _____
2nd Choice _____	1st Choice _____	2nd Choice _____
1st Choice _____	2nd Choice _____	1st Choice _____
2nd Choice _____	1st Choice _____	2nd Choice _____

Will you be attending lunch? YES _____ NO _____

Do you have any dietary restrictions? YES _____ NO _____

Please explain _____

Are you willing to help set tables for lunch?
8:15-8:45 am YES _____ DATE _____

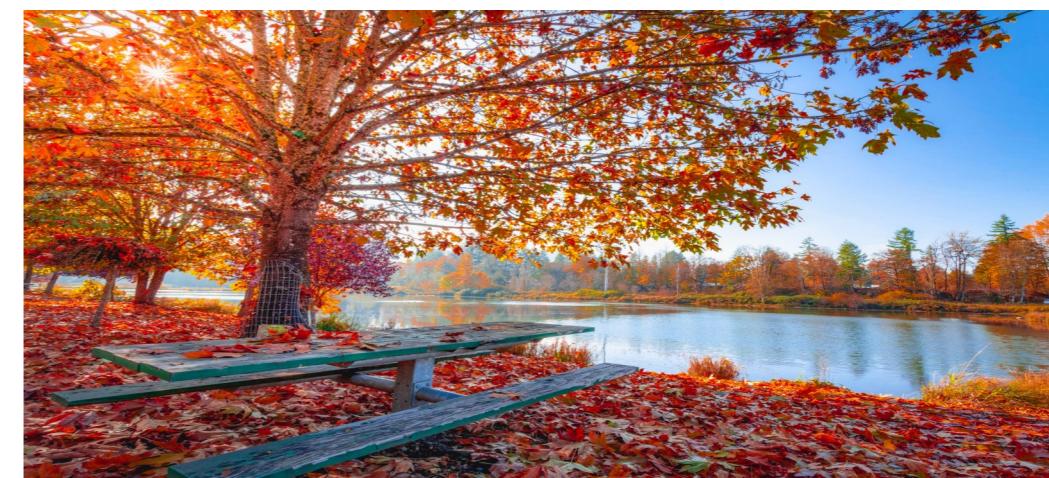
Are you willing to help clean up after lunch?
12:15-1:15 pm YES _____ DATE _____

Are you willing to bring a dessert to lunch? YES _____ DATE _____

If you have any questions, or would like to be removed from our SOAL mailing list, please call us at 251-0897.



SOAL - St. James Older Adult Learning



Hello! Welcome to the St. James Older Adult Learning program, also known as SOAL. SOAL classes provide adults a great opportunity to socialize and learn new skills. Participants enjoy 3 one-hour sessions each Friday on topics such as spirituality, arts and crafts, health, contemporary issues and travel. This program is offered twice a year to the community, and all are welcome to attend. Volunteer instructors set the tone for fun and interesting classes. The Fall 2022 session runs for 5 weeks.

Come join us!

Sue Devine-Simon and Mary Ann Ehr
SOAL Coordinators

SOAL Program Fall 2022
St. James Catholic Church
W220N6588 Town Line Rd.
Menomonee Falls, WI 53051

F. Mexican Train Dominoes - Sandy Turowski

Be the first to play all of your dominoes in this fun game. Some math skills required. Open to beginners. **Class limit 15 people.**

G. Experiencing America: A Smithsonian Tour Through American History

Learn more about American history through this series of video lectures.

H. Social Club - Self Led

Come to relax and enjoy some fellowship in this class. Chill out with some friends, play a board game or play some cards if you wish.

Session 2: 10:15-11:15 am

I. Quilting Patchwork and/or Curves - Ann Wegner

Create a patchwork fabric to make an embellished Christmas stocking and/or learn to sew curved blocks to create your own blocks/fabric/pattern. Beginners and experienced quilters are welcome.

J. Three Major Prophets - Pat Knuth

Isaiah, Jeremiah and Ezekiel were messengers of the Lord with major impact which continues today. These sessions are an overview of their lasting importance more than twenty-six centuries later.

K. Holiday Crafts and Gifts - Jen Galang, Yolanda Dailey, Karen Raschke, Kate Simon, Jorie McPartlin, Sandy Wegener

Various teachers will help you to create beautiful holiday themed crafts. These will make great gift ideas for family and friends, or you may wish to keep them for yourself. **Class Limit 12 people. \$10.00 Supply Fee.**



L. Paper/Vinyl - Sandy Saringer

We will be making paper projects and learning how to use vinyl decals. **This class is for any level of experience. Class Limit 6 people. Supply Fee \$20.00.**

M. Travelogue - Matt Rech, Sally Schultz and others

Come and listen to various speakers as they share information about their travel adventures, near and far. This is great way to learn about new places from the comfort of your own chair!

N. What's Under Your Feet? - Mary Nettesheim, Richard Rosenberger, Josef and Laura Fischer

This 5 week series covers the topics of Geology (study of the earth), Mineralogy (the study of minerals), Paleontology (the study of ancient animal and plant life), Archeology (the study of ancient human life) and Lapidary (turning rocks into beautiful works of art).

Session 3: 12:30-1:30 pm

O. Paper/Vinyl/Pour Painting - Sandy Saringer

We will work on the paper project and use vinyl decals to make a holiday project for your home. Time permitting, we will make a pour painting. **This class is for advanced students only. Class Limit 6 people. Supply Fee \$20.00**



P. Knitting and Crochet Club - Harriet Belke and Marge Giese

Join us as a beginner or to expand your skills. Work on a personal project or whatever members choose to do together. Members help each other in a relaxed and friendly atmosphere.

Q. Samba - Sandy Turowski and Bonnie LaChapelle

Samba is closely related to Canasta, but introduces a couple of variations that for some, make the game more enjoyable. Have a great time and meet new friends. Must have Hand and Foot or Canasta experience to play.

R. Exercise Class - Jenn Whitty and others

This class is designed to help you with balance coordination, increase flexibility and improve your stamina and muscular strength.

S. Seasonal Fun With Food - Katie Simon, Jorie McPartlin, Kristin Kebis, Char Kebis and others

Create some cute and tasty holiday themed treats. You can share your treats with friends or use them to decorate your table at home.

T. Social Club - Self Led

Come to relax and enjoy some fellowship in this class. Chill out with some friends or play a board game or some cards if you wish.



Session 1: 9:00-10:00 am

A. Scriptural and Theological Reflections on the Holy Spirit - Gerry Wolf

The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the spirit." John 3.8

B. Wood Carving - Neal Nushart and Darryl Gruender

Carve a Basswood "Trinket Tray". Students will need a carving knife and a #5 or #7 gouge or a hook knife to complete this project. A carving glove is recommended. **Class limit 15 people. \$15.00 supply fee.**

C. Conspiracy Theories, Apparitions and Miracles - Matt Rech

See places and artifacts that cannot be explained and that some people believe are of Alien earth visits. Are miracles and apparitions part of God's connection to us in the Divinity of His Love?

D. Senior Issues - Kristen Winter, Deputy Trumbo, Deputy Petersen, Don Umhoefer, Rosie Simon-Silva

Come and hear about some very interesting senior issues. Our guest speakers will be from the Menomonee Falls Fire Department, the Waukesha County Sheriff's Department, St. James Church and more!

E. Painting on Shirts - Harriet Belke and Marge Giese

To fit available time, we'll keep it simple using Fall and Christmas patterns and paint colors. **YOU** bring a white shirt for yourself, a grandchild or a gift. **WE** bring all the other supplies. **Class minimum 4, class maximum 12. Supply Fee, Free.**

