

# St. James Parish September/October, 2014 Newsletter



## ST. JAMES DYNAMOS!

### CAPUCHIN WALK/RUN - JULY 25<sup>TH</sup> 2014

What a wonderful event!! We had 36 participants from our parish.

Besides, getting a shirt with our team name on it, free admission to German Fest and a food/drink voucher, we contributed to feeding the hungry through our donations. We all enjoyed each other's company, plus the beautiful view of Lake Michigan where we walked. After the walk, we stayed to enjoy the entertainment, food, and yes - a drink! There were 3100 participants in the Walk/Run from the Milwaukee area.

COME join us next year. We would like to double our number attending from St. James. St. Gabriel's in Hubertus rented a bus and asked us to consider joining them on the bus next year. Hope to see you for the 2015 Walk Run - it was a blast!!

John and Louise Vos - Team Captains

Dear Fellow Parishioners,

In the last edition of the St. James Newsletter Fr. Mike wrote about his need to take medical leave to treat his depression. It is now over two and a half months since **Fr. Pat Heppe, Vicar for Priest Personnel**, informed Fr. Mike of **Archbishop Listecki's** directive for him to receive care at the St. John Vianney Center in Pennsylvania. This is a health facility specifically dedicated for providing treatment to priests and religious from around the country. Fr. Mike was assured that the extensive care he would receive would be paid for by the Archdiocese of Milwaukee through its **Health Ministry to Priests**. (By the way, Fr. Mike has indicated that he is faithfully and diligently participating in the therapy program at St. John's.)

As Fr. Mike prepared to leave Fr. Heppe appointed me as temporary parish director of St. James. I then contacted **Sr. Kathleen Schweih, the administrative assistant to the Vicar for Priest Personnel** to obtain the list of available senior priests to help Fr. Jerry Hudziak with Masses. I also contacted the **Chancery Office of the Archdiocese** to insure that proper legal paperwork was in place so that the temporal affairs of St. James would continue. **Faye Herrick, the Chancery administrative assistant**, has been a valuable resource for offering guidance during this transitional time. In addition, other offices, such as the **Archdiocesan Finance Office, Human Resources, and Office for Parish Planning** have been contacted to answer various questions and to offer advice about other issues and concerns. All parishes rely upon the personnel from these Archdiocesan offices for the smooth and proper running of the parishes.

For over the past six months a small committee has been meeting with **Rob Shelledy, the Director of the Social Justice Ministry of the Archdiocese**, to plan the September 6<sup>th</sup> program to be held here at St. James. **Bishop Donald Hying** will be the keynote presenter for this event.

The names or offices highlighted above receive financial support primarily from the Archdiocese of Milwaukee. There are two sources for funding the offices and paying the salaries of their personnel: the annual Stewardship Appeal and the annual Parish Assessment for each church.

For various reasons St. James fell behind in its payment of the assessment over the past few years. The amount accumulated but as Fr. Mike and Terri Weber, our Business Administrator, became aware of this problem they, along with our Finance Committee, developed a strategy for payment which resulted in the "Blue Letter" Fr. Mike sent just before his departure to St. John's. Thank you to those who have contributed to this special collection. Know that now, more than ever, we are direct beneficiaries of the work these Archdiocesan offices and their personnel provide.

I hope this brief explanation of some of the services we receive from the Parish Assessment (we receive many more!) might be helpful. Wouldn't it make a wonderful "get well" gift to Fr. Mike to have this debt paid before he returns to St. James?! See the weekly bulletin for the regular updates on this special "Blue Envelope" appeal.

*Daryl Olszewski*

*Temporary Parish Director*

## PARISH TOWN HALL MEETINGS

SEPTEMBER 21, 11:45 a.m.

In church after the 10:30 Mass

AND

September 22, 7 p.m.

Community Center

A parish town hall meeting is like a "state of the parish" (think State of the Union, State of the State, etc) with an opportunity for participants to offer comments and ask questions. With Fr. Mike on extended medical leave this might be a good time to address questions about the operation of the parish – function of a parish director, membership trends, finances, and to take a peek into the future.

In preparation for the meeting it would be especially helpful if questions were submitted prior to the meeting so that the presentations can be organized by topics and attempt to address as many issues as possible within a reasonable time. For everyone's comfort it is hoped that the meetings will last no longer than one hour. Please send questions to [olszewskid@archmil.org](mailto:olszewskid@archmil.org)

Both meetings will have the same content and format and are being offered twice in the hopes that it will be convenient for as many people as possible to attend one of them. All are welcome and I look forward to seeing you.

*Daryl Olszewski*

*Temporary Parish Director*

### Attention Greeters:

All time off requests are to be submitted to Lori Jansen by September 5<sup>th</sup>. You may contact Lori at 262-246-5942 or [lorijansen@att.net](mailto:lorijansen@att.net). Thank you.



### Father Mike's address:

Fr. Michael Moran  
St. John Vianney Center,  
151 Woodbine Road,  
Downingtown, PA 19335.

Today, August 11, on the feast of St Clare of Assisi, I received so many cards from many of you that they wouldn't fit in my mailbox! The nurse had to deliver them to my room with a forklift! I am eternally grateful for all the thoughts, prayers, and good wishes. I truly believe that you are a part of my healing process. I celebrated my 62nd birthday today by receiving a cortisone shot in my shoulder! The doctor said the day will come when I will need a new shoulder! We'll save that for another year's birthday present. My prayers are with you for many more days of a beautiful summer season.....even though the "dog days" of summer are upon us! The weather has been superb here, so I'm able to walk 3 miles per day.

*Blessings and Peace, Fr. Mike*



Summer is ending and our stock is dwindling

We are in urgent need of

1. Hamburger Helper
2. Tuna and other canned meats
3. Hearty soups (Progreso and chunky types), cream of soups
4. Cereal other than Rice Krispy and Corn Flakes
5. Rice in all forms
6. Jello

*We appreciate all of your donations these are just our most needed items. As you can see much is needed. Thank you.*



### **FIELDS OF HOPE & DREAMS COMMUNITY GARDENS**

Fall's cooler temperatures and shortened daylight hours are fast approaching. Our volunteer gardeners are starting to see diminished harvests week by week. And with shorter daylight hours, succession planting is no longer possible. We'll harvest what produce is in the gardens and start planning for fall's cleanup. Melons will be picked, pumpkins will continue to swell and root crops will sweeten, even after the first frost. Season's end always seems to catch gardener by surprise, with the back to school rush. The shorter daylight hours and cooler temperatures at night seem to sneak up on us, but we're not ready to give up gardening.

This year's spring was delayed by about a month, so we continue to hope and pray for an extra month of gardening this fall, but that's not guaranteed. Jet streams alter and weather patterns change from year to year. This season has not been an exception. You only need to watch the national weather to see the effects of climate change. The Cooperating Churches of Sussex's (CCOS) food pantry is grateful for our donations but they are noticing the falloff in fresh garden produce too. Which means it's time to start looking in our pantries and cupboards for excess canned goods to keep the shelves stocked.

We want to thank all the volunteers (i.e. new and "seasoned") who helped with the gardens this year. We're looking at expanding our gardens next year, if enough new volunteers step forward. Something you might want to consider. Interested? Call (414) 587-1202 or email [pschneider@wi.rr.com](mailto:pschneider@wi.rr.com). Thank you once again.



# HUMAN CONCERNS

## St. Vincent de Paul

### Operating Report

Below is a summary of the activities of the St. James conference of the Saint Vincent de Paul Society for last year and the most recent 9 months. Our conference continues to provide financial and other assistance to the poor and needy in the Sussex area.

	<b>10/1/12 thru 9/30/2013 ( annual )</b>	<b>10/1/13 thru 6/30/2014 ( 9 months )</b>
	<u>                    </u>	<u>                    </u>
Cash Contributions received	\$ 24,100	\$ 18,509
Disbursements:		
To the needy to assist with:		
Rent	\$ 9,200	\$ 7,583
Utilities	6,800	4,775
Auto - repairs, fuel	1,850	2,138
Groceries	750	465
Other (prescriptions, furnace repairs, other)	<u>1,800</u>	<u>2,060</u>
	20,400	17,021
Operating expenses	<u>400</u>	<u>18</u>
Total Cash Disbursements	<u>\$ 20,800</u>	<u>\$ 17,039</u>
Non-Cash Contributions - gift cards, food, other	<u>\$ 2,000</u>	<u>\$ 2,350</u>
Home visits performed	<u>122</u>	<u>79</u>
Number of people helped	<u>306</u>	<u>220</u>

Our conference members thank all those who help support our work. We feel fortunate to be part of such a generous, caring parish.

Please feel free to contact either Zoltan Eszes or Tom Carek if you have any questions about this report or our conference activities. You may also contact Daryl Olszewski at the parish office (262-253-2213).

Dear Parishioners,  
Thank you very much for your gift of \$425 as part of your June tithing. We truly appreciate your support as our ministry expands. Thanks again and God bless! Peace,

*Carmen  
Francisan Peacemakers  
Street Ministry*

Dear Friends at St. James Parish,

The members, leaders and volunteers of Repairers of the Breach thank you for your very helpful June tithing gift of \$425. We greatly value your support of our indispensable work. Your contribution helps to provide not only a day-time sanctuary, but a sense of hope as well. ***By virtue of your sharing spirit, you are enabling us to rise to new levels of responsiveness to Milwaukee's homeless and at-risk population.***

With your help, each week we will continue to see the success of our efforts as members get the basics they need to survive, enter recovery programs, reunite with families and obtain employment and housing. Your contribution enables us to provide resources that empower and equip our members to enter the mainstream of society by healing and strengthening mind, body and spirit. You are also helping us to "be there" for our members when temperatures become life threatening.

Your compassionate support makes a real difference in the lives of those experiencing a life crisis. You play an important role in helping us foster positive change and personal growth within our member population. Between 70 and 150 destitute men and women visit our center each day searching for survival, guidance and support. ***Thanks to you and so many others, our center is a transforming and dignifying place where the spirit of "homelss helping homeless" prevails.***

*Sincerely,  
Joyce Roesler,  
Board President*

## THANK YOU'S

Dear St. James Congregation,  
Thank you for your donation of \$450 to All Saints Catholic Church. Your generosity means a lot to us. Through your gift, you are ministering to the sick and homebound, educating children in their faith, feeding the hungry, and building God's Kingdom in countless ways.

It is our hope your generosity will be rewarded a hundred times over by our good and gracious God. Your generosity reminds me of a saying I received in a fortune cookie once: "The constructive use of riches is better than their possession." A Chinese fortune cookie is a funny place to find a profound and utterly Christian assessment of the use of wealth. I assure you your gift will be used in a manner that is in keeping with the spirit of your gift.

Thank you for helping us to live our unique mission as a parish. We look forward to your continued support in the near future.

Please feel free to visit us at All Saints. We ask God to bless you and keep you, to let God's face shine upon you and give you peace,

*Fr. Carl Diederichs  
Pastor, All Saints Catholic Church*

Dear Friends at St. James,  
Every gift is important and every dollar is utilized. With one dollar we are able to provide a meal for an entire family. That ONE dollar is multiplied five times with service from our case manager, Trish. She offers counseling services, emergency energy or housing assistance, assistance in accessing many other vital resources, educational opportunities and much more to our clients.

SOS will continue to serve those that need us the most here in the Sussex area as long as we have partners like you to help us. The \$976.09 from Rice Bowls this year was amazing!

Thank you for your kindness,  
*Jennifer Waltz, Executive Director  
Sussex Outreach Services*

Dear Fr. Moran, Human Concerns, and St. James Congregation,

On behalf of the volunteers of St. Catherine's Food Pantry and our brothers and sisters we serve every Saturday, please know how very grateful we are to you for your very generous donation of \$425. Every Saturday morning we serve between 200-300 plus guests. They range in age from newborns to great grandparents. Your kindness allows us to purchase much needed food for our brothers and sisters.

We thank you and please know you are in our prayers. You have been a blessing to our guests. Peace,  
John & Ellie Cuningham

Dear Friends,

Thank you for your generous donation of \$450 to St. Ben's Community Meal. Your gift is what makes it possible for us to serve a hot meal Sunday thru Friday. We ended June with well over 500 people each night. We would never be able to do this, night after night, if it weren't for generous people like you.

Along with our nightly meal, we offer other services at the front door in the afternoons. These include bus tickets for medical appointments, hygiene bags, showers and clean clothes, eye glasses, ID's, birth certificates, co-pays for prescriptions, GED vouchers, and inter-city travel tickets. We recently helped a homeless man get a ticket to northwestern Wisconsin. He hadn't seen his mother in over 14 years. A little over a year ago he reconnected with her by phone. He finally decided it was time to go see her but couldn't afford the bus fare. We received a letter from his sister saying how grateful she was to see her brother again. She hadn't seen him in almost 20 years. We are privileged to be a part of many of these positive stories because of your generosity and trust in us.

We hope we will see you at our Capuchins' Run/Walk for the Hungry to German Fest on Friday, July 25th at 7 pm. Thanks to all our supporters at St. James! Thanks again for all your goodness to us and our guests. Blessings,

Brother Rob Roemer, Capuchin  
Brother David Schwab, Capuchin  
Meal Co-Directors

# CHRISTIAN FORMATION



*A big THANK YOU to all of our fantastic VBS Volunteers! You made our journey to Wilderness Escape a real adventure to remember!*

## **Catechist needed**

We will soon be starting our Christian Formation program for the year and we find ourselves with a number of needs. Please consider sharing your time and your faith with our young people.

**Sundays at 8:15 a.m.**

2 – 5K aids needed

**Sunday at 4:30 p.m.**

2, 8<sup>th</sup> grade Catechists      1, aid each for 6<sup>th</sup> - 11<sup>th</sup> grades

**Sunday at 6:30 p.m.**

1, 7<sup>th</sup> grade catechist      1, 10<sup>th</sup> grade catechist

Aides for 6<sup>th</sup>, 7<sup>th</sup>, 8<sup>th</sup>, 9<sup>th</sup>, 10<sup>th</sup>, & 11

**Tuesday at 5:00 p.m.**

1, 5<sup>th</sup> grade aid

**Tuesday at 6:30 p.m.**

Aides for 3<sup>rd</sup>, 4<sup>th</sup> & 5<sup>th</sup> grades

**Tuesday at 6:30 p.m.**

Catechists and aides for grades: 7, 8, 9, 10

Lesson plans, and support are provided. Come and share the best news possible... The Gospel of Jesus! Call 251-0897 for more information.

**RCIA:**

Have you ever thought about taking the next step? Perhaps you have never been part of a Christian Community or never been baptized but now you have felt drawn to begin this journey of faith in Jesus Christ. Perhaps you've been baptized and raised in another Christian tradition, but now you want to continue your life of faith in the Catholic Church or maybe explore what that means. If either of these describes you, we would like to hear from you. We want to listen to your story of faith or non-faith, answer your questions, and share with you the beauty, truth and wonder of the Catholic faith. If you want to know more, RCIA is your answer. Contact Sr. Lucille Flores at 253-2915

**PRAYER FOR PEACE**



Lord,

The plight of our country is deep  
and the suffering of Christians is severe and  
frightening.

Therefore, we ask you Lord to spare our lives,  
and to grant us patience, and courage to continue our  
witness of Christian values with trust and hope.

Lord, peace is the foundation of life;  
Grant us the peace and stability that will enable us to live  
with each other without fear and anxiety,  
and with dignity and joy.

Glory be to you forever.

† Louis Raphael I Sako

**Theology-on-Tap Books Discussions**

If you attended Theology-on-Tap this summer at Krueger's, you hopefully received two books. Please join us for the book discussion, the social, and/or Mass with your fellow Young Adults (even if you missed TOT this year or did not finish the books). Details below. See you at Mass!

**Saturday, September 13 @ St. Mary**  
**Saint John Paul the Great: His Five Loves**

Book Discussion 3:30 – 4:30 PM

5:00 PM Mass @ St. Mary  
N89W16297 Cleveland Ave  
Menomonee Falls, WI

**An Invitation for Non-Practicing Catholics** ~ If you know someone who has been away from the Church for awhile, this invitation is for them. No matter how long they have been away and no matter for what reason, we invite them to consider renewing their relationship with the Catholic Church. Please invite them to join us for informal listening sessions and an update of the Catholic faith facilitated by former non-practicing Catholics. No strings attached!

Where? St. Agnes, on six consecutive Wednesday evenings at 7 p.m. beginning September 17, 2014. For more information, call Laverne (262/251-3968) or Shirley (262/251-3888).

### Mission Trip Season for "Two Saints & A Good Shepherd"

Our young people were busy this summer. It all started in June with Matthew 25 Work Camp sending more than 50 teens across the Greater Milwaukee area. It continued into July with St. Mary taking a group to Moore, Oklahoma. Just after the 4th of July, Good Shepherd followed with a mission trip to St. Louis, Missouri. And finally, St. James finished up the mission trip season with a week on Leech Lake Reservation in Minnesota. In all, our three parishes put in four weeks of service to our local and national community. God sent just about 150 young people from Sussex, Menomonee Falls, Germantown and beyond. We were His hands and feet to many individuals, ministries and communities.

We are grateful for our adult leaders who sacrificed their time and put forth so much love and work into these weeks. Without them, these weeks would not happen.

Thank you with the widest open arms to you, our St. James family. Your support, prayers and time have seen lives changed, minds open and hearts on fire for our Catholic faith!

We are looking forward to another great mission trip season in 2015. Watch your email and in Christian formation classes for more information on mission trip registration in October.



### Eagle Scout Project Help



My name is Ryan Hadland, I am a confirmation candidate this year and am also working on my Eagle Scout project. For my project I will be collecting donated medical supplies and compiling them into 75 First Aid kits to be distributed through the Sussex Outreach Center. If you are interested in donating new medical supplies there will be a box in the gathering space until September 7th. Any donations would be greatly appreciated. Here are some of the things I am looking for:

- Band-Aid type bandages**
- Wrapped 2x2 gauze pads**
- Medical tape**
- Instant cold packs**
- Individual antibiotic packs**
- Insect bite relief products**
- Pocket size hand sanitizer**

If you have any questions you can email me at [rrhadland@yahoo.com](mailto:rrhadland@yahoo.com)

Thank You.

# CHRISTIAN FORMATION

## *CHRISTIAN FORMATION CALENDAR OF EVENTS FOR*

### SEPTEMBER, 2014

1, Mon	Labor Day—All offices are closed today	7, Tue	<b>Reconciliation Parent Meeting, 5:00 &amp; 6:30</b> G1-5 Class, 5:00 pm & G1-Gr10 Class, 6:30 pm Scripture Reflection, 6:30 pm
2, Tue	Scripture Reflection, 6:30 pm	8, Wed	Catholics Returning Home at St. Agnes, 7:00 pm
3, Wed	All Committee Night, 7:00 pm	9, Thu	Centering Prayer, 1:00 pm Community Banquet, 5:30 pm RCIA, 7:00 pm
6, Sat	Bishop Hying's Mass /Reflection on Justice, 8am	10, Fri	SOAL Program starts, 9:00 am
7, Sun	<b>Confirmation Info Meeting, 11:30 a.m.</b>	12, Sun	4K/5K Class, 8:15 am & Gr. 1-5 Class, 9:30 am GIFT, 11:30 am Gr. 6-11 CF Classes, 4:30 & 6:30 pm
9, Tue	Scripture Reflection, 6:30 pm	14, Tue	Gr. 1-5 CF Classes, 5:00 & Gr. 1-10, 6:30 pm Scripture Reflection, 6:30 pm
11, Thu	Centering Prayer, 1:00 pm Community Banquet, 5:30 pm <b>Catechist Meeting (MS/HS), 5:30 pm</b>	15, Wed	Catholics Returning Home at St. Agnes, 7:00 pm
14, Sun	<b>GIFT 11:30 am</b> <b>Catechists Meeting (4K-Gr. 5), 9:30 am</b> Snacks and Service, 7:00 pm	16, Thu	RCIA, 7:00 pm
15, Mon	21! Youth Group, 6:00 pm at St. Mary's	17, Fri	SOAL Program, 9:00 am
16, Tue	Scripture Reflection, 6:30 pm <b>Catechists Meeting (4K-Gr. 11), 6:30 pm</b>	19, Sun	CF4K/5K Class, 8:15 & Gr. 1-5 Class, 9:30 am Gr. 6-10 CF Classes, 4:30 & 6:30 pm Sponsor/Candidates mtg at Good Shepherd, 11am
17, Wed	Catholics Returning Home at St. Agnes, 7:00 pm	20, Mon	21! Youth Group, 6:00 pm at St. James
<b>18, Thu</b>	<b>Safeguarding Session, 6:30 pm</b> RCIA, 7:00 pm	21, Tue	Gr. 1-5 CF Classes, 5:00 & Gr. 1-10, 6:30 pm Scripture Reflection, 6:30 pm
<b>21, Sun</b>	<b>CF CLASSES START</b>  <i>Parent Meetings during all classes!</i> 4K/5K Class, 8:15 am & Gr. 1-5 Class, 9:30 am Gr. 6-10 CF Classes, 4:30 pm & 6:30 pm	22, Wed	Catholics Returning Home at St. Agnes, 7:00 pm
<b>23, Tue</b>	<b>CF CLASSES START</b>  <i>Parent Meetings during all classes!</i> Gr. 1-5 CF Classes, 5:00 & G1-10, 6:30 pm Scripture Reflection, 6:30 pm.	23, Thu	Centering Prayer, 1:00 pm Community Banquet, 5:30 pm RCIA, 7:00 pm
24, Wed	Safeguarding Session, 6:30 pm Catholics Returning Home at St. Agnes, 7:00 pm	24, Fri	SOAL Program, 9:00 am
25, Thu	Centering Prayer, 1:00 pm Community Banquet, 5:30 pm RCIA, 7:00 pm	26, Sun	4K/5K Class, 8:15 am & Gr. 1-5 Class, 9:30 am GIFT (1 Hour), 11:30 am Gr. 6-10 CF Classes, 4:30 & 6:30 pm
28, Sun	Knights of Columbus Pancake Breakfast 4K/5K Class, 8:15 am & Gr. 1-5 Class, 9:30 am Gr. 6-10 CF Classes, 4:30 pm & 6:30 pm	28, Tue	Gr. 1-5 CF Classes, 5:00 & Gr. 1-10, 6:30 pm Scripture Reflection, 6:30 pm
		30, Thu	RCIA, 7:00 pm
		31, Fri	SOAL Program, 9:00 am

### OCTOBER, 2014

1, Wed	All Committee Meeting Night, 7:00 pm Catholics Returning Home at St. Agnes, 7:00 pm
2, Thu	RCIA, 7:00 pm
5, Sun	<b>Reconciliation Parent Meeting, 9:30 am</b> 4K/5K Class, 8:15 am & Gr. 1-5 Class, 9:30 am Gr. 6-11 CF Classes, 4:30 & 6:30 pm



The New Season for the Children's Choir, here at St. James, will begin in September. So any children in the parish, 3<sup>rd</sup> grade thru 8<sup>th</sup> grade, interested in becoming a member of the Children's Choir for St. James please come to sign-up on Wednesday, September 10, 2014 at 5:30 pm - 6 pm. You will be given a Welcome letter with a rehearsal schedule which will include the dates & times of the Sunday Masses that the children will be singing. Rehearsals will begin on Wednesday, September 17, 2014 from 5:30 pm - 6:15 pm in church. So mark your calendars for Wednesday, September 10, 2014 @ 5:30 pm to sign-up! Hope to see returning members & new members then! It is lots of fun!

Mrs. Terry Grennier

## HEALTH MINISTRY

***“MAY THE GOD OF PEACE MAKE YOU COMPLETELY HOLY  
AND MAY YOUR SPIRIT AND SOUL AND BODY BE KEPT  
SOUND”***

*1 THESSALONIANS 5:23*

### **A Note from the Parish Nurse, Pam Dennis:**

Recently my son headed off to college for his freshman year. Along with getting the usual dorm items that he would need, we read in his mountain of paperwork, that he could not live in the dorm unless he had received the meningococcal and the Hep B vaccinations. That led to a bit of scrambling to ensure he had them before he left. I thought this might be a good topic to write about in this newsletter so our St. James parents readying your teens for college in the future can be prepared.

Lets first look at how the body fights illness. When germs, such as bacteria and viruses, invade the body, they attack and multiply. This invasion is called an infection, the infection is what causes the illness. Our immune system uses several ways to fight infection. Your blood contains red blood cells, for carrying oxygen to tissues and organs, and white blood or immune cells, for fighting infection. The first time your body encounters a germ, it can take several days to make and use all germ fighting tools needed to get over the infection. After the infection, the immune system remembers what it learned about how to protect the body against that disease. Vaccines help develop immunity by imitating an infection. This type of infection does not cause illness. It does cause your immune system to mobilize a type of white cell, one being antibodies, and they will remember how to fight off that disease in the future. Sometimes you may get minor symptoms from a vaccination, such as a fever. Such minor symptoms are normal and should be expected as the body builds immunity. For some vaccines you may need to get more than one dose of the vaccination to build more complete immunity.

Meningococcal vaccination protects against the meningococcal infection called meningitis. Adolescents, those ages 16 through 21 years have the highest rates of meningococcal disease. When someone has meningococcal meningitis, the protective membranes covering their brain and spinal cord, known as the meninges, become infected and swell. Symptoms include sudden onset of fever, headache, and stiff neck. Additional symptoms could be nausea, vomiting, sensitivity to light (photophobia) and altered mental status. The symptoms can appear quickly or over several days (after 3 – 7 days since exposure) according to the Centers for Disease Control and Prevention. The bacteria that cause this infection are transmitted through the exchange of respiratory and throat secretions like spit (e.g., by living in close quarters, kissing).

Hepatitis B vaccination protects from hepatitis B which is a virus that infects the liver. Most people with acute hepatitis don't have symptoms but if you do they include: extreme tiredness, mild fever, fatigue, loss of appetite and constant discomfort on the right side of your body under your rib cage. Hepatitis B is spread when blood and other body secretions from an infected person enter another person's body. This can happen through sexual contact, sharing needles, healthcare workers who are stuck by a used needle, from a tattoo or body piercing needle or even sharing such toiletry items as a toothbrush or razor if they carry blood from a person infected. The Hepatitis B vaccination is administered once and then again in a month and the last one is given at six months. It is important to receive all three vaccinations in order to be fully protected.

Most hospitals now vaccinate infants at the time of birth with the first of the three Hep B vaccinations. If you are unsure if your child has had all three it is possible to have blood drawn to check their titer and your physician will let you know if they need a booster or the series. There is also a recommended booster for the 16 – 21 year old age group for those who received the meningococcal vaccination at age 11-12 years of age. If you should have any further questions about these vaccinations a great web site to go to is: [www.cdc.gov/](http://www.cdc.gov/) or call 1-800 232-4636.

### **A Note from the Parish Nurse, Pam Dennis:**

We are fortunate to be able to host a great nutrition and activity program here at St. James sponsored by the Aging and Disability Resource Center of Waukesha County and Mount Mary College. The program is called, **“Eat Better & Move More”**. It is for adults age 60 and over and will be held every Tuesday from September 16th through November 18th (no class on Election day, November 4th) from 1:30 pm – 3:30 pm in our **cafeteria**.

What will you be doing, you probably are thinking? You will have your fitness level assessed before and after the program to see how you have improved, you will learn new nutrition information each week to improve your eating habits, receive a step counter to track your steps each week and take part in exercises to improve your stamina, flexibility, strength and balance. There will be weekly prizes and gifts along with a \$10 gift card for perfect attendance! Come and join the fun. Pre-registration is required for participation. You can register by calling or e-mailing Pam, the parish nurse. ***A \$15 suggested donation is to offset equipment cost.***

### **Parish Nurse Visits**

If any parishioners would like a visit from the parish nurse, Pam Dennis, or know of someone who would benefit from a visit please call Pam's office at (262) 250-2663 or e-mail at [dennis@archmil.org](mailto:dennis@archmil.org). Due to the Health Insurance Portability and Accountability Act, better known as HIPAA, we are no longer allowed to gather general information of St. James parishioners who may like a visit and Communion brought to them by just calling the local hospitals. HIPAA protects everyone's health information, but unfortunately can hinder our awareness of those in need.

**St. James is here to help all people  
experience meaning and purpose in life.**

## EXPECTING A BABY? JUST HAD A BABY? BAPTISM INFORMATION!

If you are expecting a baby or have had a baby, we are pleased to help you prepare for your child's baptism. The community of St. James wishes to celebrate this sacrament with you so we generally schedule the baptisms during Masses on the weekend of the third Sunday of the month. Baptisms may be scheduled for the following weekends:

September 20th and 21  
October 18<sup>th</sup> and 19<sup>th</sup>  
November 15<sup>th</sup> and 16<sup>th</sup>.  
January 17th and 18th  
February 14th and 15th



(Generally, baptisms are not celebrated at St. James during Advent and Lent.)

Here is some other basic information about celebrating baptism at St. James.

1. Parents should be registered members of St. James.
2. Participation in a pre-baptism class is expected of parents. It is highly recommended that parents participate in the class before the child is born.
3. Pre-baptism classes are usually held once-a-month on the first Saturday.
4. So that baptisms may be as personal as possible only four baptisms are scheduled for any Mass. Register early!

Call Daryl Olszewski at 262-253-2213 to schedule a baptism and to register for class.

### Friends of Joe's Family Night at the Park

Saturday, September 13, 4:00-10:30 pm  
Pollworth Park, Village of Merton

Joe LaValley lives in Lake Country. He has twins, Timmy and Jessica (both 9 yrs old). Joe is a parishioner of St. James and has been a boy scout den leader, tournament organizer, volunteer referee, team manager, coach for a variety of sports, auctioneer, fundraiser, community booster . . .

Joe was diagnosed with stage 3 cancer in January 2014 and had to stop working as he had to undergo surgery and chemo. Bills are mounting quickly and Joe could use help from the community to stay afloat. Let's give back to Joe!

**Come and enjoy a great family night at the park!** For the cost of a movie night, come spend a lovely summer evening at the park with your family, enjoying good music, delicious food and refreshments, and loads of activities for adults and children. And — you know that the cost of the evening will go to a good cause!

Music by outstanding rock band, Busted Mullet, from our own village of Merton!

Food and drinks, with a whole talented community grill crew to provide you with food and drink.

Activities include: an agility dog show, hitting derby, fire truck and police care, bounce houses, laser tag and much more . . .

And last but not least—we will run a silent auction to benefit Joe.

<http://FriendsOfJoes.org>

## SENIOR BIBLE STUDY

A group of "seniors" (with really no minimum age) meet every Thursday morning at 9 a.m. in the Great Room for an one hour Bible Study focused on the upcoming Sunday readings. Any and all seniors are welcome to attend. No expertise is needed. Bring a bible if you have one. Come and enjoy the opportunity to learn more about the readings proclaimed each Sunday and meet new friends. There is no cost and no pre-registration is needed. For more information call Daryl at 253-2213.

## Pope Francis' 10 point plan for a happy life:

The Top Ten list appeared in an interview for the Argentine magazine *Viva*, which was released to celebrate the Pope's first 500 days in office. According to the National Catholic Register, Francis was interviewed by Pablo Calvo, said to be an old acquaintance of his, which added a relaxed quality to the interview.

- 1.) "Live and let live"
- 2.) "Be giving of yourself to others"
- 3.) "Move quietly in the world"
- 4.) "Have a healthy sense of leisure"
- 5.) "Sunday is for family"
- 6.) Find ways to make jobs for young people
- 7.) Respect nature
- 8.) "Letting go of negative things quickly is healthy"
- 9.) Don't preach your religion too forcefully
- 10.) Work for peace

### Magnificat, a Ministry to Catholic Women

Saturday, September 13, 2014 • 9:00 a.m. to noon

Hilton Garden Inn • Milwaukee Park Place • 11600 West Park Place, Milwaukee, WI 53224

Cost: \$15.00 if postmarked before September 2nd (\$20 after)

**Join us for breakfast with Susan Tassone.** A best-selling author, Susan has long been a passionate champion for the holy souls in purgatory and is recognized as leading the "purgatory movement" in the United States. Susan holds a master's degree in religious education from Loyola University and has had the honor and privilege of being granted two private audiences with Pope St. John Paul II, who bestowed a special blessing on her and her ministry for the holy souls.

For information, call Terri at 262-853-3349 or check our website: [www.magnificat-wb.com](http://www.magnificat-wb.com)

— to order tickets, send a self-addressed stamped envelope with ticket order to: Marlene Nagel • 1502 Hidden Fields Drive • West Bend, WI 53095.



## **IMMEDIATE NEEDS** **NOTICES:**

### **NEEDED—ANGELS WITH A GREEN THUMB!**

We need volunteers to maintain our flower beds around our Church. Adopt a flower bed or two keeping God's home looking beautiful. Question: This is God's home and it should be perfect. So why did He give us weeds? God needs us to do something special for Him. "God's Blessings"  
If you would like to adopt a flower bed please contact Jim at 820-3559



### **ARE YOU BEING CALLED???**

Here at St James, we have a beautiful church building. As we travel through the liturgical seasons, we use many means to help focus & highlight the seasons and special feasts. The Art/Environment committee serves to make this possible by enhancing the space with banners, florals, plants etc.

Several people have answered the call to be TEAM LEADERS on the Art/Environment committee teams. Thank you to Kathy Kidman, Donna Dow & John Dow -- they will lead the seasons of "Fall", "Lent" and "Palm Sunday". Thank you to Monica Weis, she will lead the "Holy Thursday" team.

Perhaps YOU would like to lead a team for one of the following seasons:

#### **Advent, Christmas, Winter, Easter, Pentecost.**

A Team Leader meets with Sue Mangan ( A/E Coordinator) to start the planning process, then contacts volunteers to help prepare, setup, and take down the environment for that season. Please prayerfully consider being a Team Leader for a season.

For more in depth information contact:

Sue 262-366-1211 [suemangan@ymail.com](mailto:suemangan@ymail.com)

### **AN OPPORTUNITY TO SERVE (LITERALLY!) FUNERAL ACOLYTES**

When a death occurs the grieving family often turns to the Church for comfort and consolation especially through the prayers and rituals of our funeral services. St. James provides an exceptional bereavement ministry at the time of a funeral – from planning the liturgy; providing personalized orders of worship; having greeters at the church to assist the family as well as to welcome guests to the visitation and the Mass; through the voices of a beautiful and faithful choir; and our funeral luncheon committee which provides nourishment and a relaxing environment after the funeral. Many individuals contribute to making the funeral service go smoothly through a ministry of love and compassion.

While the greeters, choir, and luncheon committee function as a group, there is one position that operates as a singular function and that is the funeral acolyte or server. The acolyte prepares the items used for the funeral service and Mass: lighting candles, preparing the bread and wine, having the holy water and pall in place, and generally assisting the priest during the Mass. In addition the acolyte prepares the incense used in the service. The assistance of an acolyte is essential to making a funeral service run smoothly so that everyone can participate in undistracted prayer. We are grateful to those who serve in this ministry. There are opportunities for more to serve in this ministry.

Funerals are celebrated weekday mornings or evenings, and Saturday mornings (never on Sunday.) Acolytes are always "on call" as there is no long term scheduling for funerals. Being an acolyte is indeed a special privilege and honor. It is a sacred and holy task to minister at the altar and to serve the bereaved. Will you please consider responding to this opportunity to serve, to acolyte at our funeral services? Call Daryl Olszewski at 253-2213. Thank you.

### **STAY INFORMED!**

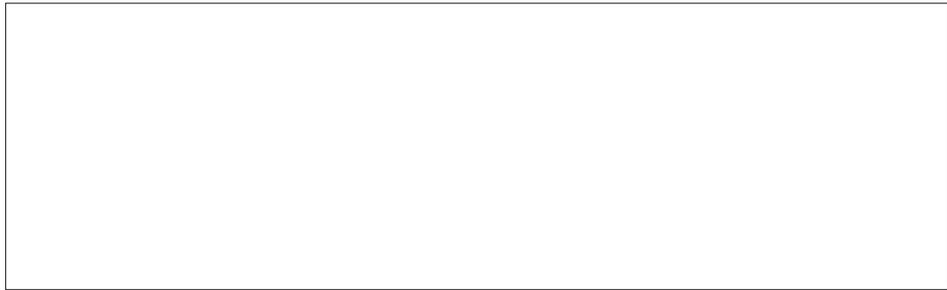
Each week, St. James sends out a weekly email entitled **THIS WEEK AT ST. JAMES**. The purpose of this email is to remind members of events, activities, and special needs of the upcoming weekend. For example, during Lent, the email includes a reminder of the Mathew 25 Project and the Corporal Works of Mercy for that weekend. Sometimes, immediate needs of the parish are highlighted, as are needs of the Sussex Food Pantry. If you are not receiving this weekly email, PLEASE send your email address to Diana in the office at [wyszkowskid@archmil.org](mailto:wyszkowskid@archmil.org) and let her know you would like to receive the weekly email.



## St. James Parish

W220 N6588 Town Line Road  
Menomonee Falls, WI 53051  
262-251-3944

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# Dates to Remember

## SEPTEMBER 2014

<u>DATE:</u>	<u>EVENT:</u>
1:	Labor Day—All Offices Closed
3:	All Committee Meeting Night, 7 pm
6:	Mass with Bishop Hying's 8 am & Presentation
7:	Fellowship after all Masses
9:	Knights' of Columbus Board Mtg, 7:30pm
10:	Parish Council Meeting, 7 pm St. Vincent de Paul Meeting, 7 pm
11:	Community Banquet, 5:30 pm Community Gardeners' Mtg, 6:30 pm
8-10:	St. Vincent de Paul Truck in lot
16:	Eat Better, Move More, 1:00 pm
17:	St. Ben's, leaving St. James at 4 pm
18:	St. James Senior Club, 12:00 pm
19:	KC's General Membership Mtg, 7:30 pm
21:	Parish Town Hall Meeting, 11:30 am
22:	Parish Town Hall Meeting, 7:00 pm
23:	Eat Better, Move More, 1:00 pm
24:	Common Threads Quilting Guild, 9 am
25:	Community Banquet, 5:30 pm:

## OCTOBER 2014

<u>DATE:</u>	<u>EVENT:</u>
1:	All Committee Meeting Night 7:00 pm
4:	Baptismal Prep Class, 9:30 am
4/5:	Collection from Reverse Food Collection Fellowship after Masses
8:	Dartball Parish Council Meeting, 7 pm St. Vincent de Paul, 7 pm
9:	Community Banquet, 5:30 pm
11:	Anointing of the Sick, 4:30 Mass
12:	Anointing of the Sick, 8:15 & 10:30 Mass
14:	Eat Better, Move More, 1:00 pm
15:	KC's Board Mtg
16:	St. Ben's
18:	Meno Harmonie, 12:00 pm
21:	Eat Better, Move More, 1:00 pm
22:	Common Threads Quilting Guild, 9 am St. Vincent de Paul Mtg, 7:00 pm
23:	Community Banquet, 5:30 pm
25:	Lector Prep, 8:00 am
26:	Eat Better, Move More, 1:00 pm
29:	Dartball, 6:30 pm

Please see page 8 for Calendar of Events for the Christian Formation Department